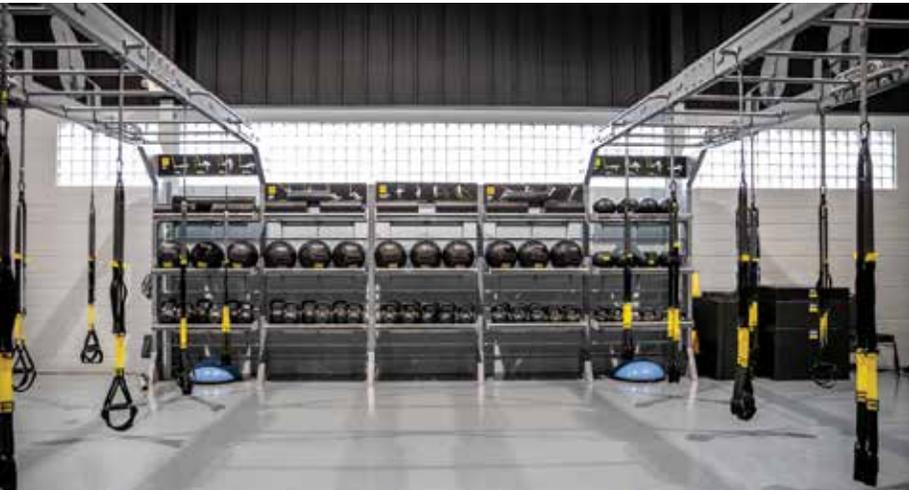


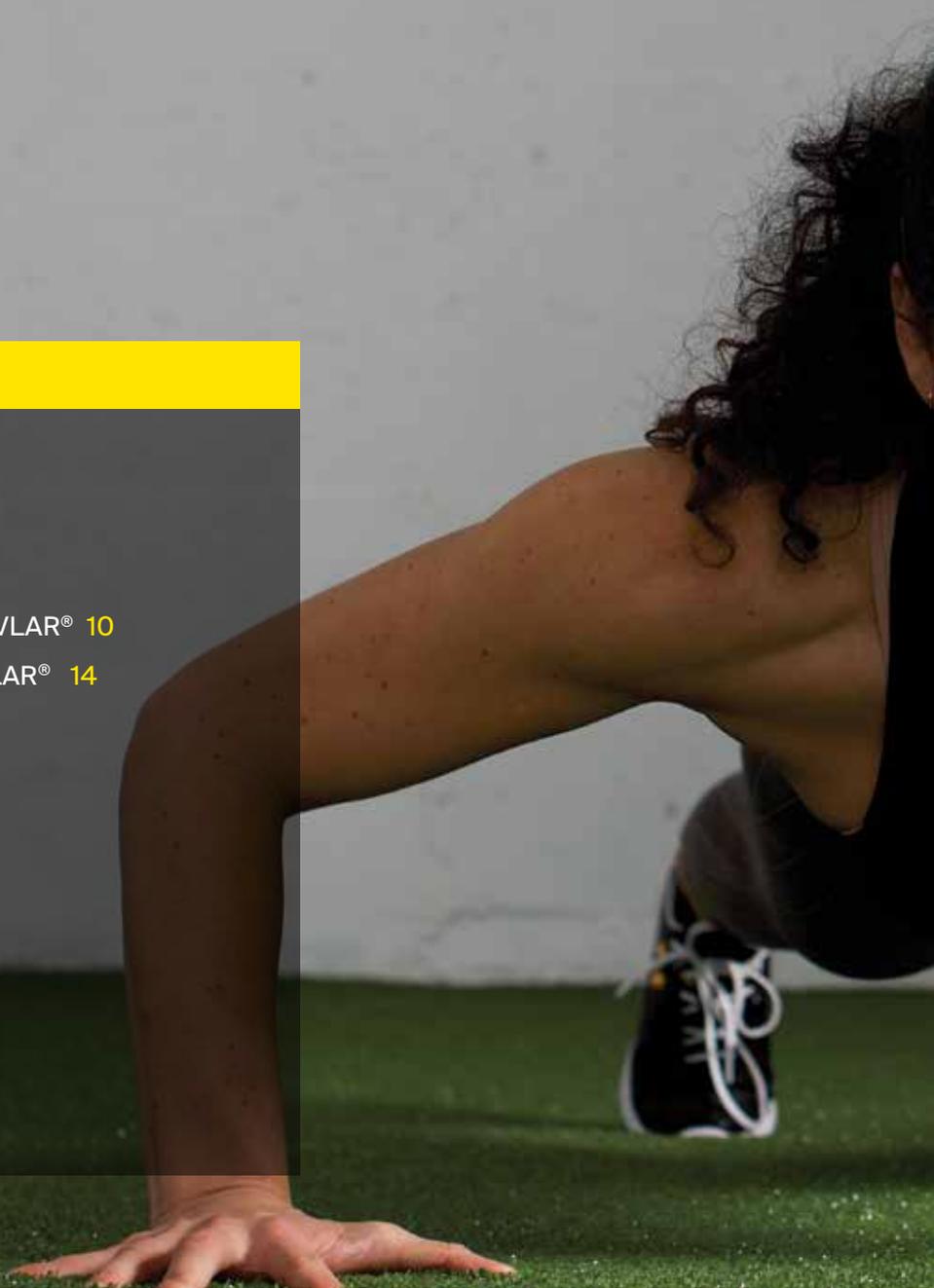
# TRX<sup>®</sup> YOUR COMPLETE SOLUTION

CUSTOMIZED FOR YOUR MEMBERS, TRAINERS & BUSINESS.



[ TRX Studio Line ]

[ TRX Training Tools ]



## WHAT'S INSIDE

### TRX TRAINING TOOLS

- COMMERCIAL SUSPENSION TRAINER 8
- RIP TRAINER 9
- FUNCTIONAL TRAINING TOOLS & XD KEVLAR® 10
- STRENGTH TRAINING TOOLS WITH KEVLAR® 14
- SUPPLEMENTAL TRAINING TOOLS 16

### TRX ANCHORING & STORAGE

- TRX STUDIO LINE 22
  - TRX BAYS 26
  - TRX BRIDGES 30
  - OTHER CONFIGURATIONS 34
  - OPTIONS & ADD ONS 36
- BASIC ANCHORING & MOUNTING 40



**YOUR COMPLETE  
TRAINING  
SOLUTION.  
PERSONALIZED  
FOR YOUR  
MEMBERS,  
TRAINERS,  
& BUSINESS.**

**TRX**

# YOUR COMPLETE SOLUTION

At TRX, we believe that functional training is a progressive movement. This progression demands a cohesive platform of innovative gear and activation by way of professional education, dynamic programming, and innovative design consultation to ensure your facility is properly outfitted to deliver the best functional training experiences.



## GEAR

Whether you're looking to diversify your circuits with TRX, or build out an extensive Functional Training Zone, TRX has the highest quality gear and anchoring/storage solutions customizable for any member and space.



## ACTIVATION

TRX will set you up for success with world-class education and programming, designed to attract, inspire, and motivate members. We'll also provide you with the marketing tools you need to successfully launch and promote TRX programs within your facility.



## DESIGN CONSULT

Your TRX Rep will work with you from start to finish to concept, design, develop, render, and deliver the perfect space to accommodate your functional training needs.

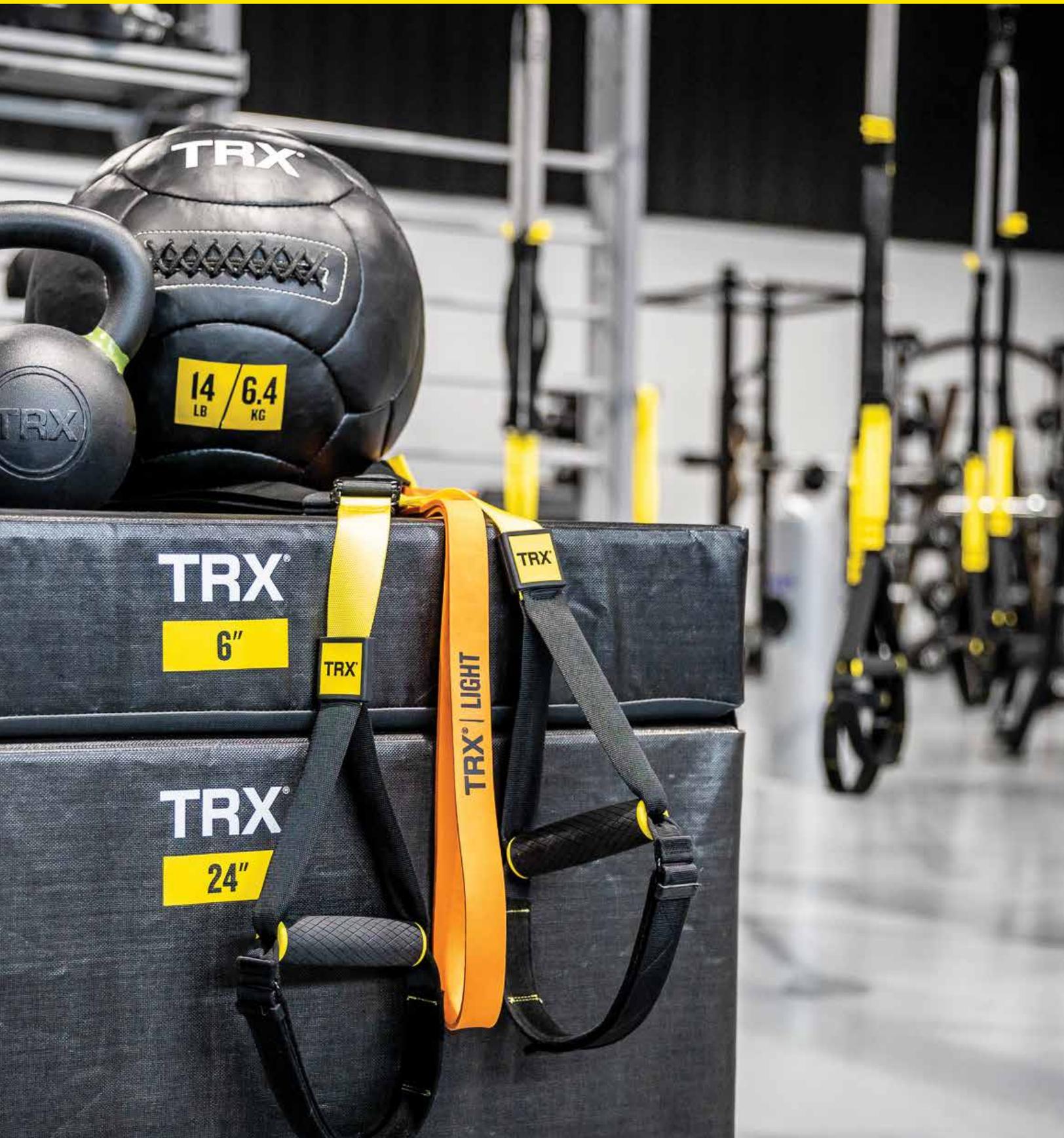


**TRX**

# TRAINING TOOLS

**INCLUDES:**

- COMMERCIAL SUSPENSION TRAINER
- RIP TRAINER
- FUNCTIONAL TRAINING TOOLS  
& XD KEVLAR®
- STRENGTH TRAINING TOOLS  
WITH KEVLAR®
- SUPPLEMENTAL TRAINING TOOLS





# TRX COMMERCIAL SUSPENSION TRAINER™

Based on 15 years of feedback and testing, we have created our best Commercial Suspension Trainer to date. Designed to meet the demands of high-volume usage in commercial environments, the TRX® Commercial Suspension Trainer™ combines a fresh new look and updated features to be our most durable and user-friendly product yet.

## FEATURES



### ADJUSTABLE FOOT CRADLES

Custom fits to any foot size to prevent slippage.



### PADDED TRIANGLES

Smooth, padded webbing for enhanced comfort.



### RUBBER HANDLES

Anti-slip texture increases grip for safety, ergonomics, & comfort.



### LOCKING CARABINER

Keep your investment safe and secure.



## TRX RIP TRAINER™

The TRX® Rip Trainer™ is the perfect tool for blasting calories, increasing cardiovascular endurance and developing rotational core strength that mirrors the way you move in sports and in life. The TRX® Rip Trainer™ can be attached to any secure anchor point for a challenging full-body workout.



### INCLUDES:

- 42 inch bar (1.1 m) with commercial-grade rubber handles, disassembles into two pieces for easy portability.
- A medium resistance cord with protective nylon safety sleeve
- Industrial-strength carabiner rated for maximum durability.
- Other resistances available ala carte.



# TRX FUNCTIONAL TRAINING TOOLS & XD KEVLAR®

[BALLS | BAGS | KETTLEBELLS | BOXES | ROPES]

Complete the 360-degree TRX Functional Training experience in your facility with our complete line of extra durable Functional Training Tools and XD Kevlar®. Crafted specifically for the commercial environment, each product meets the highest quality standards and is designed for high-volume / high-velocity usage.

---

With the acquisition of the XD brand in 2019, TRX is now the only brand in the industry that holds the exclusive global license to Kevlar®-based fitness equipment from the E. I. du Pont de Nemours and Company.



**TRX XD KEVLAR® 10" MED BALLS**  
(4, 6, 8, 10, 12, 14, 16, 18, 20LBS)

**TRX XD KEVLAR® 14" MED BALLS**  
(4 - 50LBS)

**TRX XD KEVLAR® 18" MED BALLS**  
(40, 60, 80, 100LBS)



**TRX 10" MED BALLS**  
(4, 6, 8, 10, 12LBS)

**TRX 14" WALL BALLS**  
(4, 6, 8, 10, 12, 14, 16, 18, 20, 24LBS)



**TRX SLAM BALLS**  
(4, 6, 8, 10, 15, 20, 25,  
30, 40, 50LBS)



**TRX XD KEVLAR® RUBBER  
MED BALLS**  
(4, 6, 8, 10, 12, 15, 20, 25, 30LBS)

\*TRX Functional Training Tools & XD Kevlar® are covered under commercial warranty.



**TRX POWER BAGS**  
(10, 20, 30, 40, 50, 60LBS)

---



**TRX XD KEVLAR® POWER BAGS**  
(10, 15, 20, 25, 30, 35, 40, 45, 50, 60LBS)

---



**TRX XD KEVLAR® SAND DISCS W/ GRIPS**  
(5, 10, 15, 20, 25, 30, 35, 40, 45, 50, 75, 100LBS)

---



**TRX XD KEVLAR® SAND DISCS**  
(5, 10, 15, 20, 25, 30, 35, 40, 45, 50LBS)

---



**TRX XD KEVLAR® SLUG SAND BAGS**  
(50, 75, 100, 150LBS)

---



**TRX PLYO BOXES**  
(6, 12, 18, 24IN)



**TRX KETTLEBELLS**  
(4, 6, 8, 12, 16, 20, 24, 28, 32, 36, 40KG)



**TRX RUBBER-COATED KETTLEBELLS**  
(4, 6, 8, 12, 16, 20, 24, 28, 32, 36, 40KG)



**TRX XD KEVLAR® FOAM TIRES**  
(100, 150, 200, 250, 300, 350LBS)



**TRX CONDITIONING ROPE**  
(1.5IN x 30FT / 1.5IN x 50FT)

\*TRX Functional Training Tools & XD Kevlar® are covered under commercial warranty.



# TRX STRENGTH TRAINING TOOLS

BUILT WITH KEVLAR®

Complete the TRX experience in your facility with our new line of Strength Training equipment. Built with extra durable Kevlar®, one of the planet's toughest materials, TRX's Strength Training Tools are designed for high-volume use and built to withstand the toughest training environments.

---

With the acquisition of the XD brand in 2019, TRX is now the only brand in the industry that holds the exclusive global license to Kevlar®-based fitness equipment from the E. I. du Pont de Nemours and Company.



**TRX HEX RUBBER DUMBBELLS**  
(2.5, 5, 10, 15, 20, 25, 30, 35, 40, 45, 50LBS)



**TRX XD MEN'S OLYMPIC BAR (20KG)**  
**TRX XD WOMEN'S OLYMPIC BAR (15KG)**



**TRX XD KEVLAR® URETHANE BUMPER PLATES**  
(10, 25, 35, 45LBS)



**TRX XD KEVLAR® CHANGE PLATES**  
(1.25, 2.5, 5, 10LBS)



**TRX XD CLAYMORE**



**TRX XD KEVLAR® WEIGHT VEST**  
(20, 40LBS)



**TRX XD KEVLAR® WEIGHT BELT**  
(10LBS)

\*TRX Functional Training Tools & XD Kevlar® are covered under commercial warranty.



# TRX SUPPLEMENTAL TRAINING TOOLS

From recovery to resistance, TRX offers a variety of ancillary training accessories to add power, versatility, and conditioning to your functional training experiences.



**TRX STRENGTH BANDS**  
(XX-LIGHT / X-LIGHT / LIGHT / MEDIUM / HEAVY)

---



**TRX RESISTANCE BANDS**  
(X-LIGHT / LIGHT / MEDIUM / HEAVY)

---



**TRX STABILITY BALLS**  
(55 CM / 65 CM)

---



**TRX FOAM ROLLERS**  
(18 IN / 36 IN)

---



**TRX MAT**  
(2 FT X 4 FT. X .5 IN)

---

\*TRX Functional Training Tools & XD Kevlar® are covered under commercial warranty.



**TRX ROCKER®**  
(13 IN / 18 IN)

---



**TRX XD ABCYCLE**

---



**TRX XD KEVLAR® AB GLIDERS**

---



**TRX XD SPEED REVOLVE  
JUMP ROPE**

---



**TRX XD KEVLAR®  
AB SLINGS**

---



**TRX XD AGILITY LADDER  
80" PER SECTION**

---

\*TRX Functional Training Tools & XD Kevlar® are covered under commercial warranty.


**TRX**

# ANCHORING & STORAGE

**INCLUDES:**

TRX STUDIO LINE

- BAY UNITS
- BRIDGE UNITS
- SINGLE POST
- CORNER UNIT
- T-UNIT

BASIC ANCHORING & MOUNTING





TRX Studio Line: Double Bridges, Multi-Bays + Optional Add-ons



# TRX STUDIO LINE

## CONFIGURATIONS TO MEET ANY SPACE

Create a state of the art functional training zone in your facility with TRX Studio Line. These highly customizable suspension anchoring and storage systems maximize space efficiency and exercise functionality, while emphasizing design and aesthetics to suit the needs of each unique member, space, and activity.



**TRX BRIDGES**



**TRX SINGLE POST**



**TRX BAYS**



**TRX STRENGTH BAYS**



**TRX CORNER UNIT**



**TRX T-UNIT**



## TRX STUDIO LINE: **THE TRANSFORMATION PROCESS**

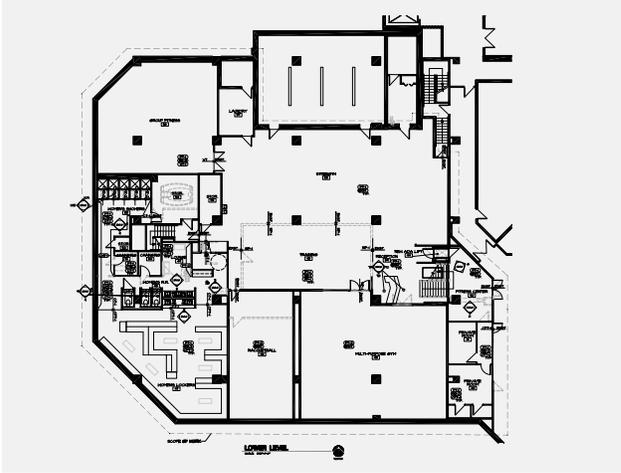
Maximize space, storage and training capabilities anywhere. TRX Studio Line begins with a single bay and grows with infinite customization options.

# HOW IT WORKS

TRX makes it easy with our full-scale design-to-delivery consultation services. Your TRX Rep will work with you from start to finish to concept, design, develop, render, and deliver the perfect space to accommodate your functional training needs.



**1. BEFORE**



**2. PLANS**



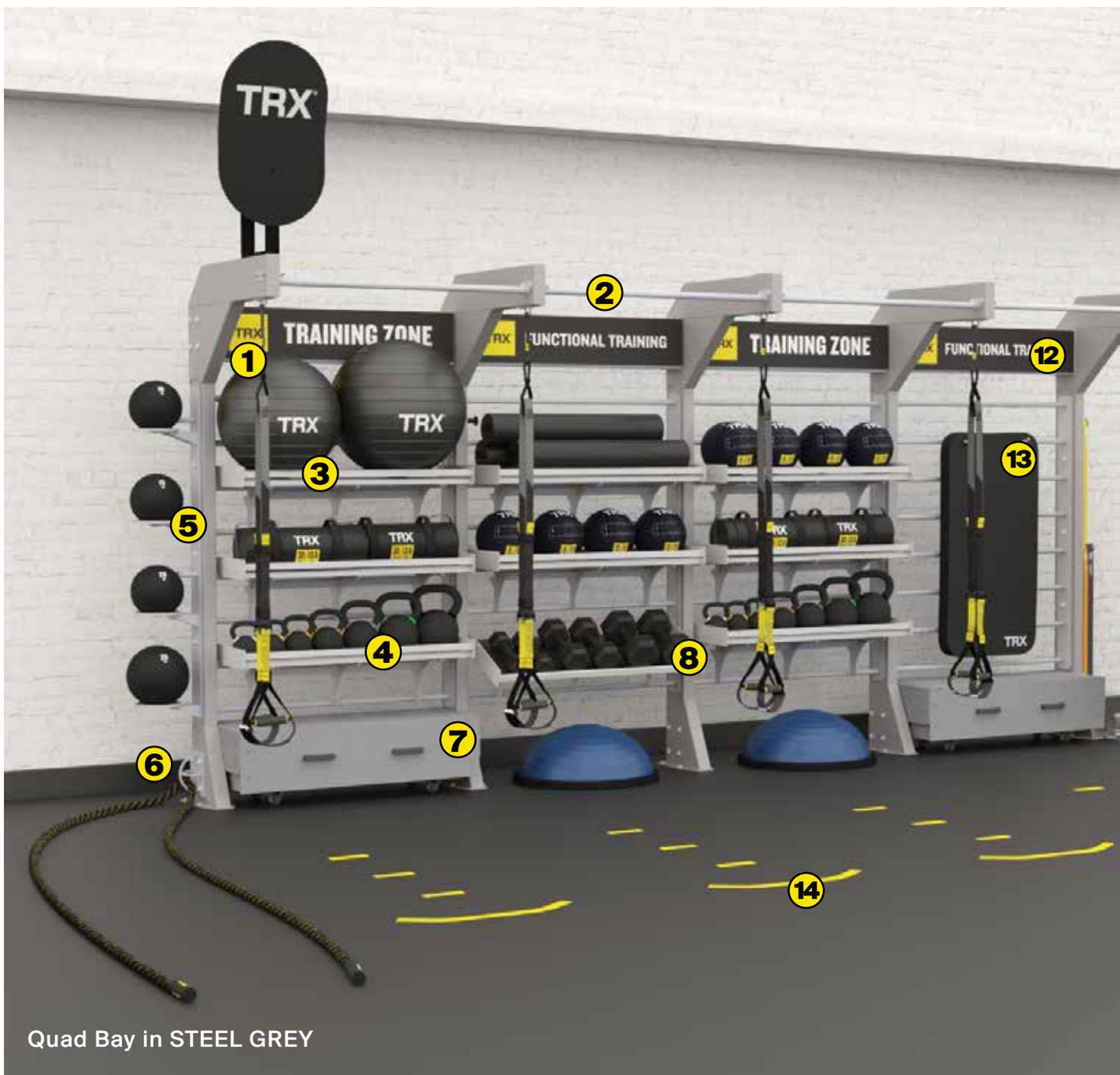
**3. VISION DEVELOPMENT (3D RENDERING)**



**4. AFTER**

# TRX STUDIO LINE: **BAY UNITS**

Whether you're looking to activate a smaller area with a single bay or you want to go big with multiple bays, TRX Bay Units are the perfect modular solution for adding functional training, strength training, storage, anchoring, and organization to any space – large or small.



Quad Bay in STEEL GREY



## OPTIONAL ADD-ONS\*

1. TRX Suspension Extender with “Flip Away” Magnet
2. Pull-up Bar (comes standard with all Bay Units)
3. Stability Ball Shelf
4. Standard Shelf
5. Ball Side Storage
6. Conditioning Rope Anchor
7. Industrial Drawers
8. Dumbbell Shelf
9. Landmine Attachment
10. Wall-Ball Targets for Bays
11. Heavy Bag Attachment
12. Branded Magnets (Customizable)
13. Mat Hanger
14. Foot Placement Floor Graphics

\*Not all optional add-ons featured in this image. See full portfolio on page 38.

## DIMENSIONS

	Outside foot to outside foot	Center post to center post	Height	Depth
<b>SINGLE BAY</b>	55in	48in	94.3in/7ft, 10in	40.5in
<b>DOUBLE BAY</b>	103in	96in	94.3in/7ft, 10in	40.5in
<b>TRIPLE BAY</b>	151in	144in	94.3in/7ft, 10in	40.5in
<b>QUAD BAY</b>	199in	192in	94.3in/7ft, 10in	40.5in

\* Each additional bay adds 48in/4ft to overall width.

**COLOR OPTIONS:** Steel Grey & Matte Black

# TRX BAY UNITS: CONFIGURATION EXAMPLES\*

---



Single Bay in STEEL GREY  
(Width/Height/Depth)  
55" / 7'10" / 40.5"



Double Bay in MATTE BLACK  
(Width/Height/Depth)  
103" / 7'10" / 40.5"



Triple Bay in STEEL GREY  
(Width/Height/Depth)  
151" / 7'10" / 40.5"



**Quad Bay in MATTE BLACK**  
(Width/Height/Depth)  
199" / 7'10" / 40.5"



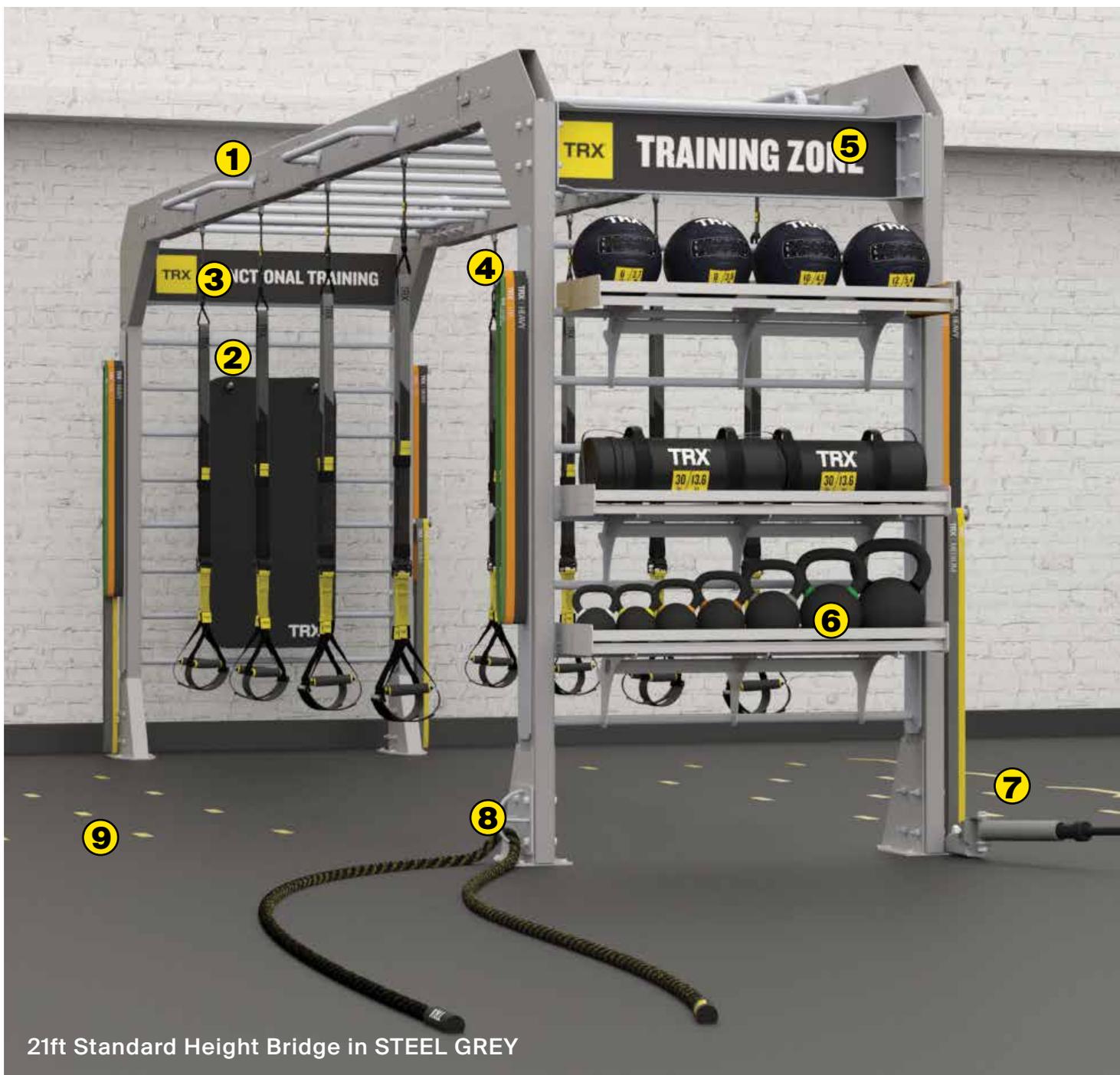
**Strength Bay in MATTE BLACK**  
(Width/Height/Depth)  
55" / 7'10" / 60.2"

\*Not all configurations illustrated.

TRX STUDIO LINE:

# BRIDGE UNITS

Create the ultimate wow-factor in your facility with TRX Bridge Units. Perfect for studios or on the gym floor, TRX Bridges will breathe new life into any space.



21ft Standard Height Bridge in STEEL GREY



## OPTIONAL ADD-ONS\*

1. Side Pull-Up Bars
2. Mat Hanger
3. TRX Suspension Extender with “Flip Away” Magnet
4. Band and Jump Rope Hook
5. Branded Magnets (Customizable)
6. Standard Shelf
7. Landmine Attachment
8. TRX Conditioning Rope Anchor
9. Foot Placement Floor Graphics

\*Not all optional add-ons featured in this image. See full portfolio on page 38.

## DIMENSIONS

Length	Outside foot to outside foot	Center post to center post	Standard Height	Elevated Height
<b>14FT</b>	55in	48in	94.3in/7ft, 10in	108.75in/ 9ft
<b>21FT</b>	55in	48in	94.3in/7ft, 10in	108.75in/ 9ft
<b>28FT</b>	55in	48in	94.3in/7ft, 10in	108.75in/ 9ft

- T-Unit Extension adds additional 39in to the end of the Bridge.
- Double Bridge adds 48in to width.

**COLOR OPTIONS:** Steel Grey & Matte Black

# TRX BRIDGE UNITS: CONFIGURATION EXAMPLES\*

---



14' Bridge in MATTE BLACK  
(Width/Height/Depth)  
151" / 7'10" / 40.5"



21' Bridge in STEEL GREY  
(Width/Height/Depth)  
151" / 7'10" / 40.5"



**28' Bridge with T-Unit Extension in STEEL GREY**  
(Width/Height/Depth)  
199" / 7'10" / 40.5"



**21' Bridge with Heavy Bag Track and Storage in MATTE BLACK**  
(Width/Height/Depth)  
199" / 7'10" / 40.5"

\*Not all configurations illustrated.

# TRX STUDIO LINE: **OTHER CONFIGURATIONS**

## TRX SINGLE POST



### PRODUCT SPECIFICATIONS

Depth of Foot Plate: 14"  
Outside of Foot to Outside of Foot: 19"  
Height: 94.3"

## TRX T-UNIT



### PRODUCT SPECIFICATIONS

Length of Top of T: 75.6"  
Outside of Foot to Outside of Foot: 55"  
Center Post to Center Post: 48"  
Height: 94.3"

## TRX CORNER UNIT



### PRODUCT SPECIFICATIONS

Corner to Corner Length: 106.2"

Length of Each Suspension Arm: 40.5"

Height of Unit: 94.3" (7'10")

From Corner to End of Bay (each side): 75.6"

**COLOR OPTIONS:** Steel Grey & Matte Black



TRX STUDIO LINE:  
**OPTIONAL ADD-ONS**



TRX EXTENDER WITH  
FLIP AWAY MAGNETS



BRIDGE SIDE RAIL PULL-UP BARS



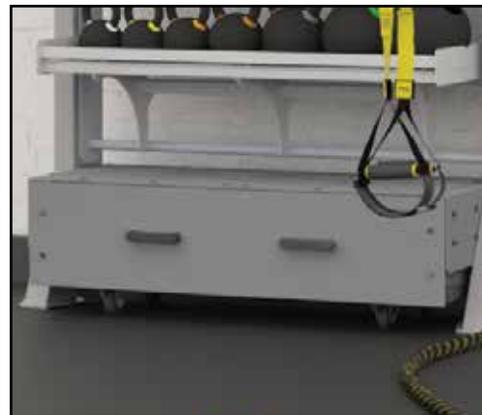
STABILITY BALL SHELVES



STANDARD SHELVES

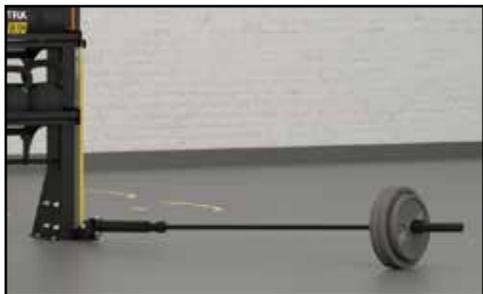


EXERCISE BAND AND  
JUMP ROPE HOOK



INDUSTRIAL DRAWER

TRX STUDIO LINE OPTIONAL ADD-ONS, CONTINUED



LANDMINE ATTACHMENT



DUMBBELL SHELVES



SIDE SHELF FOR DUMBBELLS  
COMING SOON



SIDE STORAGE FOR BALLS



BRIDGE WALL BALL TARGET



BAY WALL BALL TARGET



STEP AND DIP ATTACHMENT



CONDITIONING ROPE ANCHOR



IPAD HOLDER



TV MOUNT ATTACHMENT  
*MADE TO ORDER*



MAGNET BRANDING



FLOOR GRAPHICS



## TRX BASIC ANCHORING & MOUNTING

TRX's first line of commercial-grade steel anchoring solutions have stood the test of time.

Simple yet effective, our dynamic line of anchoring and mounting products provide a seamless integration into your facility and heighten the Suspension Training experience for your members.





## TRX S-FRAME

The TRX S-Frame is a commercial grade steel, elevated structure that can support up to 22 TRX Suspension Trainers. Ideal for group training, it can also support other hanging exercises and equipment including heavy bags, conditioning ropes, and Rip Trainers.

### PRODUCT SPECIFICATIONS

Sizes: 5', 10', 15', 20', 25', 30FT

Heights: Standard (8'3") & Elevated (9')

Material: Commercial-grade steel

Warranty: 1 year



## TRX MULTIMOUNT

Designed for Suspension Training® and Duo Training™, this sturdy, industrial-grade steel, wall mounted pull-up bar comes in 7 foot increments, enabling you to train more people in less space. An ideal destination for pull-ups and hanging exercises.

The TRX MultiMount can also support heavy bags and provides overhead storage for exercise balls.

### PRODUCT SPECIFICATIONS

Sizes: 7', 14', 21FT (3 Suspension Trainers per 7')

Material: Commercial-grade steel

Warranty: 1 year

## TRX SINGLE MOUNT

Designed for Suspension Training® and Duo Training, this sturdy industrial-grade steel wall mounted unit is perfect for training in small spaces.

### PRODUCT SPECIFICATIONS

Size: 22" W x 21.86" H

Material: Commercial-grade steel

Warranty: 1 year



## TRX TRUSS

The TRX Truss is the perfect solution for those looking to creating the optimal overhead solution for TRX Suspension Training. These truss pieces come in 4.5FT increments and can be connected up to 30FT.

### PRODUCT SPECIFICATIONS

Section Sizes: 4' 6" (holds up to 3 Suspension Trainers)

Weight: Approx. 51 LBS

Material: Commercial-grade steel

Warranty: 1 year





### **TRX XMOUNT®**

A small and sturdy piece of hardware that provides an easy anchor for TRX Suspension Trainers or Rip Trainers.

#### **PRODUCT SPECIFICATIONS**

Size: 4.5" diameter

Colors: Steel Grey or White

Material: Commercial-grade steel



### **TRX RIP® GROUP STATION**

The TRX Rip® Group Training Station supports groups of up to 10. Made of high-grade steel, this collapsible station includes a cable and lock.

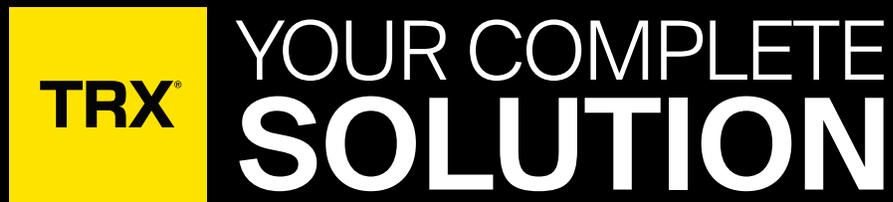
Wheels allow for easy portability inside or out.

#### **PRODUCT SPECIFICATIONS**

Weight: 100 lbs

Material: High-grade steel

Warranty: 1 year



**FOR MORE INFORMATION, CONTACT US:**

**SALES@TRXTRAINING.COM | (888) 878-5348, OPTION 3 | TRXTRAINING.COM/COMMERCIAL**

© 2020 Fitness Anywhere LLC. All rights reserved. TRX, SUSPENSION TRAINING, SUSPENSION TRAINER, TRX Rocker, TRX MAPS Powered by Physmodo, TRX MBODY, MAKE YOUR BODY YOUR MACHINE, and DUO TRAINER are trademarks or registered trademarks of Fitness Anywhere LLC in the U.S. and other countries. DuPont™ and Kevlar® are trademarks or registered trademarks of affiliates of DuPont de Nemours, Inc. used under license by Exemplar Design. No portion of this brochure may be reproduced or transmitted in any form by any means, electronic, mechanical, photocopy, recording, or otherwise without the prior written permission of Fitness Anywhere LLC.  
For information on reprints contact [info@trxtraining.com](mailto:info@trxtraining.com).