



ELITE

PRODUCT CATALOG

2022

**ASSAULT**  
FITNESS

WELCOME TO

# ELITE

STATUS

# ASSAULTBIKE ELITE

BECAUSE THE ASSAULT TEAM KNOWS FIRSTHAND THE INCREDIBLE EFFECTIVENESS OF INTERVAL TRAINING, THE ASSAULTBIKE ELITE WAS CREATED WITH INTERVAL TRAINING IN MIND. THE ELITE FEATURES INCREASED RESISTANCE WHEN SPEED IS INCREASED ALONG WITH THE OPTION FOR UPPER AND LOWER BODY ENGAGEMENT OR ISOLATION. FINALLY, WE'VE EQUIPPED THIS BIKE WITH THE ABILITY TO PEDAL FORWARD OR BACKWARD FOR WORKOUT VARIATION.



## ELITE EXTRAS

The AssaultBike Elite has been outfitted with an exceptionally comfortable large seat to offer support on a lengthier ride. An integrated removable windscreen is easily used or removed for a breezier or less breezy ride. Finally, this bike gives you the option to adjust the air bike's handlebars to fit users of all sizes and enable workout variations; A truly unique feature.



## COMMERCIAL DURABILITY.

This bike has been designed to give you the closest to a gym or box experience as you can have from home. With a massive steel frame, solid steel cranks, corrosion resistance, and a solid aluminum seat post and slider, there is no question that this bike will go for years. Designed for strength, durability, and hardcore use, you will find yourself coming back day after day for more burn. In fact, we say this bike doesn't just bring on the burn – it brings on the inferno.



## PERFORMANCE TRACKING.

Taking the air bike display into the future, this LCD display allows users to connect with Bluetooth & ANT. Monitoring your heart rate is straightforward, and you can quickly connect your mobile device for data tracking. Classic time, distance, and calorie goal programs are available, but especially exciting are the HIIT interval training programs available on the console.



ALL(in)	L(in)	W(in)	H(in)	WT(lb)
54.7L x 22.2W x 66.7H	54.7	22.2	66.7	138.9

WARRANTY: 3 YEARS PARTS, 1 YEAR LABOR

# ASSAULTRUNNER ELITE

THE ASSAULTRUNNER ELITE PROVIDES THE MOST HIGH-QUALITY AND COMFORTABLE RUNNING EXPERIENCE EVER OFFERED FROM A NON-MOTORIZED TREADMILL. BUILT FOR BOTH POWER AND SPEED, THE ASSAULTRUNNER ELITE IS 100% USER-POWERED, MAKING IT THE PERFECT TRAINING TOOL FOR ATHLETES OF ALL SKILL-LEVELS.



ALL(in)	L(in)	W(in)	H(in)	WT(lb)
69.9L x 31.7W x 64.4H	69.9	31.7	64.4	289.2

WARRANTY: 10-YEAR FRAME, 3-YEAR NON-WEAR PARTS, 1-YEAR LABOR



**LOW IMPACT  
MEETS HIGH INTENSITY**

Engineered to naturally mimic above-ground running, the AssaultRunner Elite's contoured design promotes proper running form by requiring the user to maintain an upright position to sustain their desired speed. The shock-absorbent tread surface also provides a low impact workout that's easier on the joints and muscles than conventional, motorized treadmills.



**BUILT FOR  
THE LONG RUN**

We overbuilt the Elite's main frame structure with solid steel and heavy-duty oval tubing to provide the most stable, smooth and low-maintenance running experience possible. The AssaultRunner Elite is also equipped with a rust-resistant top coat, sweat-resistant TPU material on the handlebars for better grip, and wider side landing platforms for easier foot placement.



## NEW FEATURES

We reimagined our original tread design and added a new ergonomic center cockpit area on the AssaultRunner Elite that's equipped with two, removable water bottle holders for easy cleaning. We also upgraded the AssaultRunner Elite console with a UV-resistant LCD display that comes with Bluetooth and ANT+ connectivity and multiple onboard training programs.

# ASSAULTROWER ELITE

THIS MACHINE WAS DESIGNED BY PROFESSIONAL ATHLETES AND TRAINERS WHO HAVE TESTED THE WORLD'S BEST FITNESS EQUIPMENT IN ORDER TO CREATE ONE, POWER-HOUSE ROWER THAT PACKS A PUNCH. THE ASSAULTROWER'S SOLID STEEL FRAME CONSTRUCTION AND INNOVATIVE DESIGN COMBINED WITH ITS COMMERCIAL GRADE DURABILITY MAKES IT THE BEST IN-CLASS ROWER ON THE MARKET.



ALL(in)	L(in)	W(in)	H(in)	WT(lb)
92.5L x 20.1W x 48.6H	92.5	20.1	48.6	124.6

WARRANTY: 3 YEARS PARTS, 1 YEAR LABOR



## AN EXCEPTIONAL WORKOUT

Perfect for HIIT, cardio, and endurance training, the AssaultRower provides a total body workout that is second-to-none. Training on the AssaultRower is completely scalable: From the average gym-goer to an elite athlete, it will challenge and tone any physique. The multi-grip handle system, sweat-proof seat, and adjustable footplates allow for a comfortable ride for rowers of all fitness levels.



## POWERFUL AND PERSONALIZED

Consider this the new standard in rowing equipment. Optimal for open training spaces, the AssaultRower's transport wheel and no electric plug-in makes moving it around a crowded floor easy and painless. Our rower runs on human power, and carries virtually no carbon footprint or energy consumption. The 4-way leveling/stabilizer system keeps the AssaultRower grounded and ready to take on the abuse of day-after-day use.



## DESIGNED TO TAKE A BEATING

Created specifically for commercial gym usage, each and every component of the AssaultRower is built for longevity. Its powerful, dual stage chain and belt drive, commercial seat, steel foot plates and aluminum beam set the AssaultRower apart from the rest of the competition. Why? Because they mean maximum durability and offer a smooth, low maintenance rowing experience.



# BRING ON THE BURN

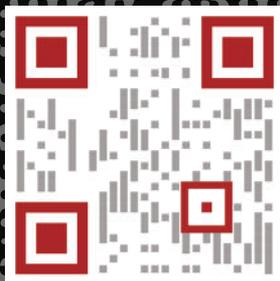
· WHETHER YOU'RE LOOKING FOR HIGH-INTENSITY INTERVAL TRAINING  
· OR SIMPLY LOOKING FOR A GREAT WORKOUT OF THE DAY.



# ***ASSAULT*** **FITNESS**

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