



A GREAT HOME ROWER AT AN AFFORDABLE PRICE POINT

Why accept exercise drudgery when you can make it fun? The choice is simple!

Our rowers are designed by professional rowers to a commercial grade that lasts a lifetime, and they are optimized for recreational rowing enthusiasts. Whether you are very fit or new to fitness, you will find our rowers deliver one of the best low impact, fun, intuitive use, wholebody workouts with a touch of that real on water sensory experience.

Oh, and yes, we offer Adjustable Resistance...

Practice perfect - Connecting fun, passion and the workout experience



FIRST DEGREE FITNESS
INNOVATION WHERE YOU NEED IT



THE PACIFIC CHALLENGE captures the sensory and physically demanding aspects that make outdoor rowing one of the most fun workouts ever... now totally realized in the comforts of home.

Experience an outstanding cardio, endurance training regimen and calorie burn in one incredibly easy to use piece of equipment. When all you hear is the sound of water – like waves on a beach – and see the water spinning as you workout, your total experience is in harmony. No whirring noises, no cables, no dead zones, no maintenance – just the joy of a great workout.

FEATURES and BENEFITS

- Adjustable Resistance: improved pulley system greatly increases the resistance, tension and recoil action – with no dead spots.
- Applies fluid resistance technology: water – nature’s perfect resistance. More resistance than most single resistance level competitors.
- Ergonomic handle: designed to prevent strain on arms, wrists and hands.
- Built-in transit wheels. Light and easy to move around. Stores in just 21” x 20”.
- Super comfortable seat running on precision bearings and rollers.
- Highest quality anodized aluminum seat rail for smoothness, appearance, strength and durability.
- Simple assembly and virtually maintenance free.
- Computer displays: time, distance, 500m split time, strokes per minute, calories per hour, watts, interval training and optional heart rate reception.
- Durable belt drive: smooth, clean, quiet (no whirring noises) and built to last.
- Solid construction makes this perfect for home gym applications.
- Unique footboard instantly adjusts to foot size.
- Tank is made of a tough polycarbonate shell with a triple-bladed stainless steel paddle.
- Length: 1975mm (77.8”), width: 530mm (20.9”), height: 510mm (20.1”). Maximum user weight: 136kg (300 lbs).
- Warranty: frame – 5 years, tank and seals – 2 years, components – 1 year.



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